

Adur NHW Newsletter



Shoreham & Southwick Issue

August 2023

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Keeping our older, more vulnerable neighbours safe

Keeping our older, more vulnerable neighbours safe is part and parcel of Neighbourhood Watch and it is therefore important to make them aware of what can be done to protect them.

In one case, a Cyberhood Watch Ambassador (specially trained in cybersecurity reinforcement by Avast and Neighbourhood Watch) discovered that a visually impaired couple that she was helping were being targeted by scammers. As with most visually impaired people who are in their later years, they rely on landline phones to keep in touch with family, friends and local services, but with the use of a landline comes the ongoing risk of scam calls, leaving many worried about picking up the receiver.

Fortunately, the Ambassador was able to enlist the help of Friends against Scams, which is a National Trading Standards Scams Team initiative and a Neighbourhood Watch partner, which aims to protect and prevent people from becoming victims of scams. Friends against Scams offers free call-blockers to those at risk; these are given on a case-by-case basis and applications are not accepted from members of the public, but its partnership with Neighbourhood Watch and the couple's compelling case ensured that a call-blocker was packed up and posted almost immediately for evaluation of its capabilities and assessment of its benefits within the household.

These units can block up to 99% of scam and nuisance calls, giving consumers peace of mind and more freedom to enjoy their day. Friends against Scams also offer an online training session, in which anyone can learn about the different types of scams and how to spot and support a victim. With increased knowledge and awareness, people can make scams part of everyday conversation with their family, friends and neighbours, which will better enable them to protect themselves and loved ones

You can find out more about becoming a Cyberhood Watch Ambassador on <https://www.avast.com/uk-cyberhood#pc> and Friends against Scam on <https://www.friendsagainstscams.org.uk/callblocker>.

A new campaign designed to thank residents and boost recycling rates has been launched by the West Sussex Waste Partnership.

The 'Think Before You Throw' campaign promotes what can and can't be recycled, the importance of putting the right item in the right bin, and tips on how to reduce, reuse and recycle materials more confidently.

A new animated video series has been produced to show what happens after a bin is collected, how recycling and waste are processed, and how to recycle materials that aren't collected within your recycling and waste bins at home.

Cllr Deborah Urquhart, West Sussex County Council Cabinet Member for Environment and Climate Change, said: "Thanks to our residents, last year we reused and recycle over 200,000 tonnes of waste in West Sussex. This is a fantastic achievement but there are still many items going into rubbish bins that could be recycled.

"We're asking people to 'Think Before You Throw', especially when it comes to materials such as black plastic pots, tubs and trays, empty aerosols, and other items that can go in special collections at home such as small electricals."

The campaign will also remind people that recycling should be:

CLEAN - free from food and drink leftovers - a quick rinse will often do.

DRY - keep your recycling bin lid shut - soggy paper and cardboard can't be recycled and can stick to other items or clog up machinery when sorted.

LOOSE not tied up in plastic bags, as the machinery cannot sort these.

The West Sussex Waste Partnership, formed of West Sussex County Council, all district and borough councils and Biffa, work to collect, transport, and dispose of West Sussex residents' recycling and waste.

Kevin Carter, Chair of the West Sussex Waste Partnership and Head of Waste at Chichester District Council, said: "This is a great opportunity for residents to find out about what can and can't be recycled as well as learn about the journey their recycling and waste takes, from being picked up outside their homes to the final destinations for processing. We're excited to talk about the technology we have access to here in West Sussex that helps us reduce waste going to landfill and allows us to recycle even more."

You can watch the campaign videos and find out more about reducing, reusing and recycling all you can at www.westsussex.gov.uk/ThinkBeforeYouThrow



Partnership Engagement - Southwick Library

Monday 9th October - 10:00 Hrs to 11:30 Hrs

(may be subject to change nearer the date)



If you would like to talk to someone about your safety at home and in the community, as well as any concerns you may have about anti-social behaviour and crime in Adur & Worthing, the Safer Communities Partnership will be hosting a pop up at Southwick library.

Shoreham & Southwick Burglaries & Vehicle Crime

Specific details of Burglaries & Vehicle crime are not available at this time.

Our Adur & Worthing site (<https://worthingnhw.ourwatch.org.uk>) is not functioning at the current time, but further information can be found at :

www.lancingnhw.org.uk

Tombstoning

A few weeks ago a tombstoning incident occurred in which two twelve-year-olds were injured while jumping off Worthing pier and - given the expected return of more seasonal weather following the July washout - all seafront venues and businesses (and everyone else, for that matter) are being asked to report on 999 any dangerous behaviours seen near, around or on the sea.

Tombstoning is the act of jumping into the sea from a high platform, not only from the pier but also the rock groynes. It can be extremely dangerous, leading to life changing injuries or even death. In fact, three deaths occurred in this way last year at Brighton & Hove, and there is always the chance that a summer visitor whose judgement has been clouded by alcohol may feel it acceptable to take the risk.

As a seaside community, we should all be aware that water depth alters with the tide and the water may be shallower than it seems. In addition, submerged objects like rocks may not be visible, the shock of cold water may make it difficult to swim, and strong currents can rapidly sweep people away.

Coastal Wardens from Worthing Coastal Office regularly patrol the pier and contact the Police every time there is tombstoning from Worthing Pier. One of Worthing Borough Council's bye-laws for Worthing Pier also states that you could be charged a fine of £50 for jumping off the pier. But we all have to be aware of the need to help avert a potential tragedy if we see one in the making.

The Worthing Safer Communities Partnership has covered this subject at a number of school visits and also sent out a letter for distribution to parents, carers and guardians just before the Summer term break. Please bear in mind that, even if you think you are jumping safely, children may be watching and will copy your actions.

The Partnership is further looking at posting warning signs highlighting these dangers at locations from Ferring to the Widewater Lagoon, south of the Brighton Road between Lancing and Shoreham.

Fire safety warning after dog accidentally turns on hob



Firefighters are urging residents to ensure they have working smoke alarms in their properties following a fire which broke out on Tuesday evening.

Crews from Worthing Fire Station responded to a fire at Castle Road in Tarring where smoke alarms had been taken down due to decorating within the property.

The fire is believed to have been started accidentally after a playful dog jumped up and switched the kitchen hob on, which had flammable items stored on top, while its owners were out. Luckily the dog escaped unharmed.

Worthing Station Manager Chris Bowles said: "We understand that there are times, particularly during renovations, when smoke alarms are unable to be attached to the ceiling. However, in these instances I would urge people to keep battery-operated alarms on each level of their property to detect a fire situation should one occur.

"Statistics show that you are four times more likely to die in a fire in the home if there is no working smoke alarm, so to say it's a life-saving piece of equipment is no understatement.

"It is always a good idea to turn electrical items off at the switch when not in use too, especially when leaving the house, to avoid any accidents or electrical fires."

In a fire situation, please always remember to get out, stay out and call 999.

If you have concerns around home fire safety, or are concerned for a family member or loved-one, you can [complete our free online fire safety check](#) to help spot fire risks around your home.

NOS Gas Warning

The Adur & Worthing Safety Communities Partnership has noted an increase in hospital admissions following over-indulgence in NOS gas, owing to users being unable to gauge how much they have consumed. Given the perceived dangers involved, it is working closely with local Police and Council departments to identify preventative and other solutions.

Meanwhile FRANK, which is a national anti-drug advisory service jointly established by the Department of Health and the Home Office, has issued the following warnings over misuse:

It is very dangerous to inhale nitrous oxide directly from the canister, and doing it in an enclosed space is also very dangerous.

Never place a plastic bag over your head.

It can be hard to judge the amount that can be safely used. Overuse may lead to dizziness, which might make you act carelessly or dangerously.

Heavy regular use of nitrous oxide can lead to a deficiency of vitamin B12 and to pernicious anaemia. Severe B12 deficiency can lead to serious nerve damage, causing tingling and numbness in the fingers and toes. This can be very painful and make walking difficult. It can even lead to paralysis, and the damage may be irreversible, especially to the brain and nervous system.

Vitamin B12 deficiency can also cause symptoms of mania and psychosis. Among other problems, weakened immunity, reduced fertility and interruption of blood circulation in women may occur.

Regular use can prevent proper formation of white blood cells.

If you take too much nitrous oxide, you risk falling unconscious and/or suffocating due to lack of oxygen.

FRANK further emphasises that mixing drugs is likely to increase any harms associated with each drug. It makes it harder to judge the effect each drug is having, so could mean your taking more of each drug than intended.

Adur & Worthing Cleaning Services have advised finders of industrial NOS canisters with linked drug litter (balloon fragments) to report online via the Council portal (www.adur-worthing.gov.uk/recycling-and-waste) and/or to the Safer Communities Partnership (www.adur-worthing.gov.uk/safer-communities/safer-communities-partnership) noting the date/location/canister quantities as a matter of urgency before safely disposing of them.

Shoreham Fire Station's open day

Live fire demonstrations, a behind-the-scenes look at the work of our Technical Rescue Unit and the chance to meet your local firefighters – it's all on offer at Shoreham Fire Station's open day.

Crews are looking forward to welcoming the local community to the station on Saturday 26 August from 10am until 4 pm.

Throughout the day visitors can expect to see a range of demonstrations from the duty crew and Technical Rescue Unit including the 30 metre aerial ladder platform.

A variety of food and drink stalls offering refreshments will be available with all proceeds going to The Fire Fighters Charity to support firefighters and their families.

Station Manager, Neil Fairhall, said: "We are excited to welcome the community we serve to our station for what promises to be a fun-filled day.

There will be plenty to see and do for all ages including demonstrations, fairground rides, stalls, a raffle, and face painting.

We will also be joined by our emergency service colleagues from Sussex Police, the RNLI, and St John Ambulance who will be offering a range of safety advice.

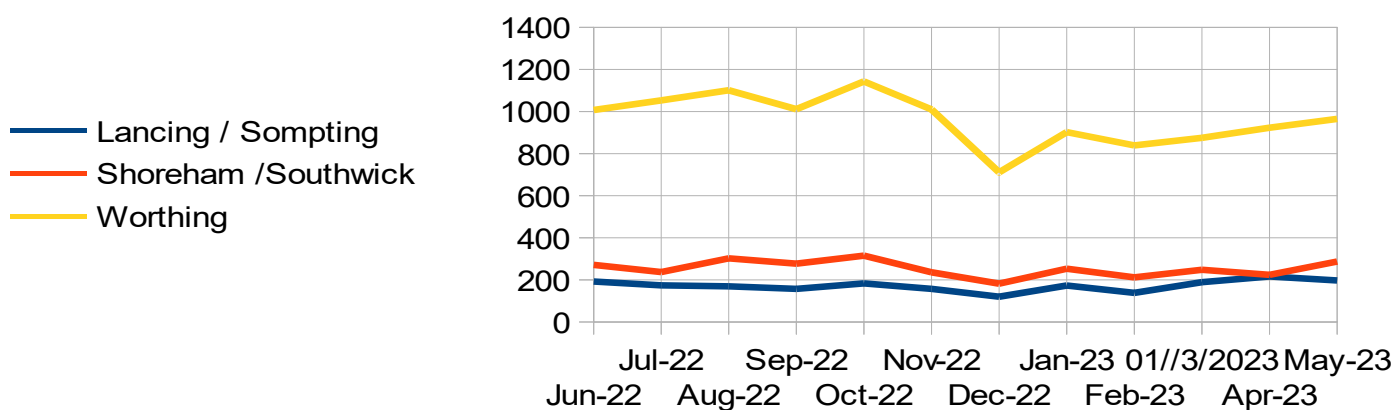
This is a great opportunity to bring the family along to experience a day in the life of a working fire station and learn more about the work we do.

Our station doors on Stoney Lane will open at 10 am. We hope to see lots of people there.

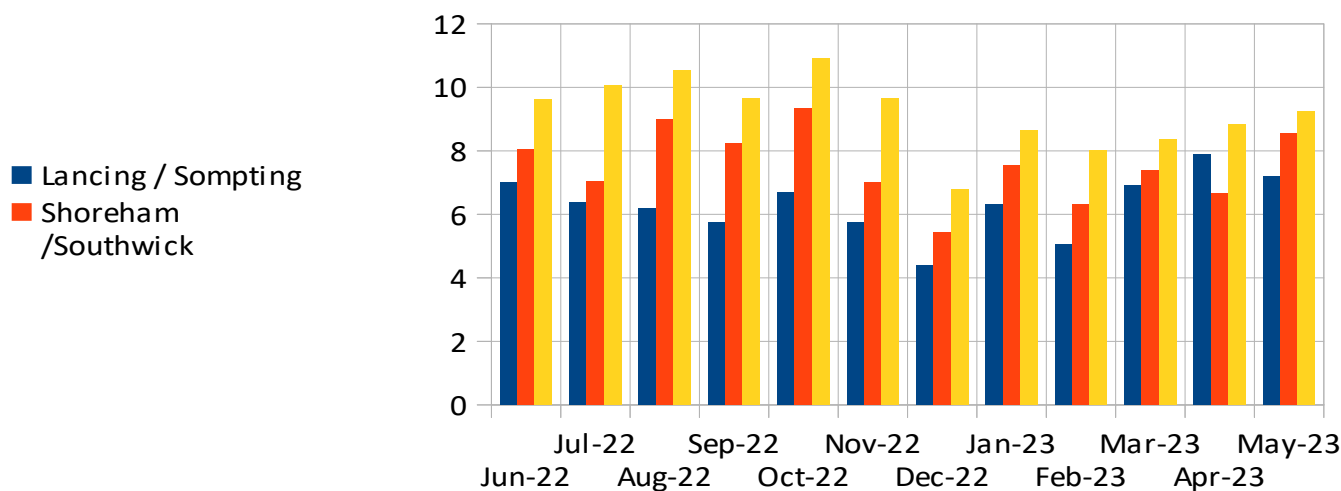
Crime Statistics for May 2023

May 2023	Buckingham	Eastbrook	Hillside	Marine 1	Southlands	Southwick	St Mary's	St Mary's	St	Sub Total
						Green	North	South	Nicholas	
Antisocial Behaviour	8	8	2	6	6	6	3	12	2	53
Bike Theft	0	0	0	0	0	0	0	1	0	1
Burglary	0	1	1	0	1	2	1	5	0	11
Criminal Damage	3	2	1	1	2	2	2	2	1	16
Drugs	1	0	1	1	0	1	0	0	0	4
Other Crime	1	0	0	0	0	3	0	0	0	4
Other Theft	2	2	0	3	2	2	1	1	1	14
Weapons	0	0	0	1	1	0	0	0	1	3
Public Order	3	6	9	2	6	2	1	7	2	38
Robbery	0	0	0	0	0	0	0	1	0	1
Theft Shop	1	1	0	0	6	0	1	16	0	25
Theft Person	0	0	0	0	0	1	0	1	0	2
Vehicle Crime	0	2	1	1	1	0	0	0	0	5
Violence & Sex Offences	5	9	15	19	14	9	10	19	10	110
Totals	24	31	30	34	39	28	19	65	17	287

Crimes June 2022 to May 2023



Crimes per 1000 of Population

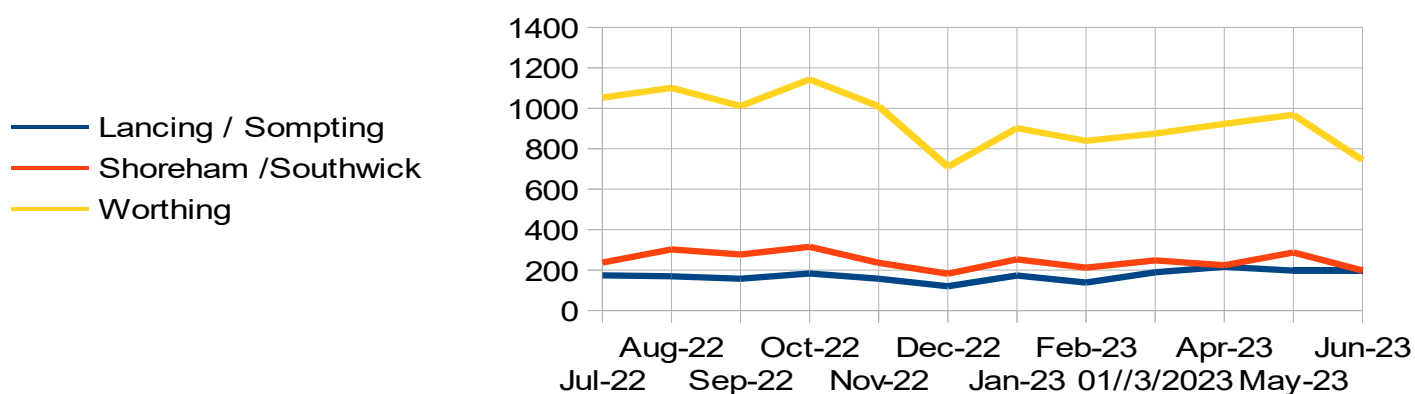


See the latest Alerts at : [https:// worthingnhw.ourwatch.org.uk/](https://worthingnhw.ourwatch.org.uk/)

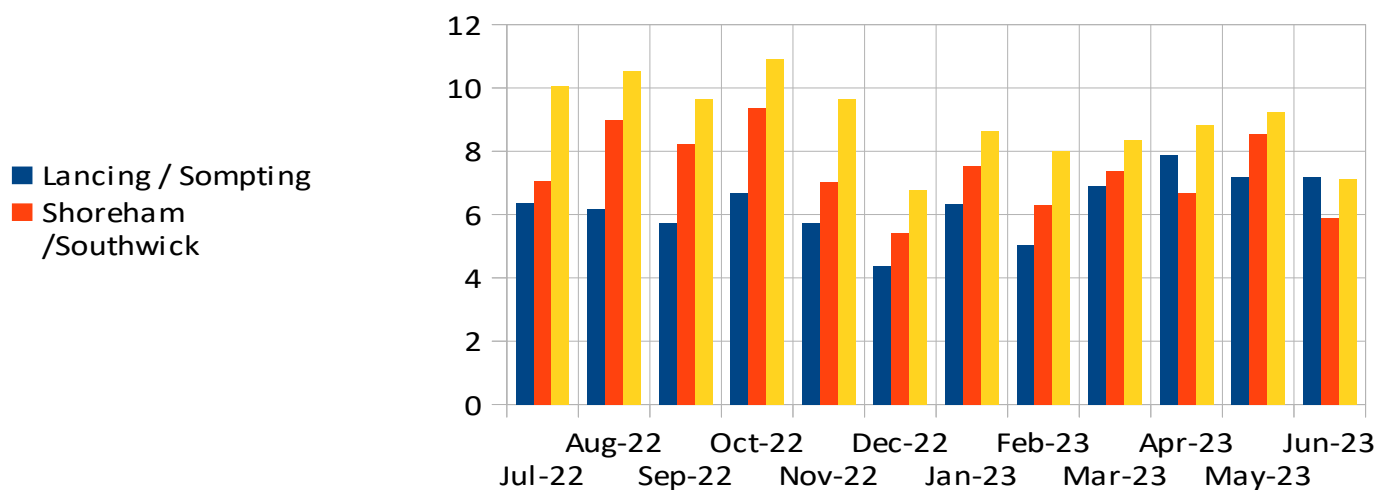
Crime Statistics for June 2023

June 2023	Buckingham	Eastbrook	Hillside	Marine 1	Southlands	Southwick	St Mary's	St Mary's	St	Sub Total
						Green	North	South	Nicholas	
Antisocial Behaviour	4	8	3	2	4	9	3	8	1	42
Bike Theft	0	0	0	1	0	1	0	1	0	3
Burglary	1	0	1	1	0	1	0	1	0	5
Criminal Damage	0	2	1	0	1	5	3	2	1	15
Drugs	0	0	1	0	0	0	0	0	0	1
Other Crime	0	2	0	1	0	2	0	1	0	6
Other Theft	1	0	3	3	2	4	0	2	2	17
Weapons	0	1	0	0	1	0	0	0	0	2
Public Order	0	5	3	7	2	5	2	6	1	31
Robbery	0	0	0	0	0	0	0	0	1	1
Theft Shop	0	0	0	0	4	1	1	5	0	11
Theft Person	0	0	0	0	0	0	0	0	0	0
Vehicle Crime	0	0	0	0	0	0	0	1	0	1
Violence & Sex Offences	1	16	9	6	11	4	4	8	4	63
Totals	7	34	21	21	25	32	13	35	10	198

Crimes July 2022 to June 2023



Crimes per 1000 of Population



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